

# **Job Description**

Job Title: Volunteer Therapist

**Department:** Human Services/Non-profit

Reports To: Director

Location: Remote/Hybrid (Temporarily)

Prepared By: Human Resources

# **Company Overview:**

Divine Services & Foundations, Inc. (DSF, Inc.) is a faith-based non-profit organization designed to provide case management services to the local community (Southern Maryland) Surrounding domestic violence, mental health, mental awareness, conflict resolution and enrichment programs. Divine Services & Foundations, Inc., was founded in Fort Washington, Maryland in 2022. DSF, Inc. is embarking on an ambitious plan to raise significant endowment, capital, and program funds to build the organizations immediate impact and strengthen its long-term sustainability.

DSF, Inc. is driven to provide prestigious services by the following core values:

• Spiritual Development

Integrity

Hospitality

• The Love of People

• Healing & Positive Transformation

Serving others

Unity

Enriching Lives

For more information about Divine Services & Foundations, Inc., please visit our website at: <a href="https://www.dsfinc.org">www.dsfinc.org</a>

### **Summary:**

A therapist is a licensed mental health professional who helps patients by providing guidance and support on behavioral issues, mental health conditions and emotional problems through listening and discussion. A therapist can also be called a psychologist, mental health counselor, counselor or psychotherapist.

#### **Essential Duties and Responsibilities:**

- Perform mental health assessments.
- Meet with patients to listen about and discuss their issues.
- Create treatment plans or refer to other specialists as necessary.
- Maintain accurate patient records and required legal documentation.
- Help patients manage symptoms of mental illnesses.
- Help patients develop coping techniques and emotional, cognitive and communication skills.
- Guide patients through crises in their lives.
- Other duties as assigned

### **Requirements:**

- Degree in Social Work, Psychology, Counseling, or Human Service Administration from an accredited college or university required; LMSW or LCSW preferred
- 3+ years of relevant human service, social services, or case management experience
- Knowledge of case management documentation and record keeping
- Experience working closely with youth, young adults and adults
- Experience working with victims and survivors of domestic violence
- Knowledge of substance abuse/recovery, family systems, medical and mental health treatment
- Self-starter who can multitask and efficiently prioritize tasks
- Sensitivity to the needs and challenges of individuals experiencing homelessness, at risk for homelessness, or those who have experience trauma
- Knowledge of community (Washington, DC metro area) providers and resources including LGBTQIA2S+ health care, mental health care, housing, employment, social and needs based services, transportation, and educational resources
- Excellent interpersonal and written communication skills
- Excellent organizational and time management skills
- Must be able to exercise patience and understanding even in escalated or crisis situations